

NOV 03 2006

P7451

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

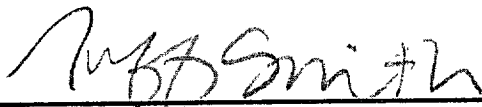
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like ^{Don't}~~most~~ about the proposed
changes is _____**

I don't like the changes. I wish I
could still get more milk & cheese

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7452

**Dear Friends at US Department of
Agriculture,**

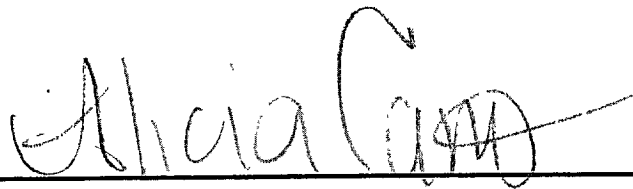
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is changing foods**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7453

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that we're getting bread
and lots of healthy foods.**

Thank you for reading my comments.

Sincerely,

Karlu Chavarin

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** we will be getting more
nutritious food, what I don't
like is that will be getting less
milk because kids drink alot of milk.

Thank you for reading my comments.

Sincerely,

Erica Deliveras
WIC Participant

NOV 13 2006

P7455

**Dear Friends at US Department of
Agriculture,**


**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is THE HEALTHINESS
is great**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

p7456

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I ^{don't} like most about the proposed
changes is** everything is

less or nothing

Thank you for reading my comments.

Sincerely, leave it just the
way it is.

Indira Chig

WIC Participant

NOV 03 2006

P7457

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Rice, Tortilla, fruit**

Thank you for reading my comments.

Sincerely,

Vanessa Vazquez
WIC Participant
10-13-06

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Something different
for a healthier balance diet**

Thank you for reading my comments.

Sincerely,

Helen Valencia Thank you
WIC Participant

NOV 03 2006

P7459

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** My Family will enjoy
eating more: fruits & Bread & Tortillas
more often. Thank you so much.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P 7460

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is _____**

Thank you for reading my comments.

Sincerely,

Roseann Aguilar

Roseann Aguilar

10/17/08

WIC Participant

this is a great idea for variety of foods
for my children more healthy. Thank U

NOV 03 2006

P7461

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** I am really pleased with
those new foods provided to us. We really will
benefit greatly from them.

Thank you for reading my comments.

Sincerely,

Vicky A. Cortez
WIC Participant

10/17/06

NOV 03 2006

11/17/2006

P7462

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** the fact that you are

adding things that are healthy for

Thank you for reading my comments.

Sincerely,

Chloe Rodriguez

WIC Participant

NOV 03 2006

P7463

**Dear Friends at US Department of
Agriculture,**

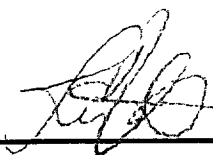
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the variety.**

Thank you for reading my comments.

Sincerely,

Lizzette Hernandez 

WIC Participant

Thank you I need these foods

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more variety, fresh
fruit.**

Thank you for reading my comments.

Sincerely,

(Tawana M. Williams)
WIC Participant

NOV 03 2006

Pb
p7465

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more variety of fresh
fruit and baby food.**

Thank you for reading my comments.

Sincerely,

Claudia Roberts

WIC Participant

NOV 03 2008

P7466

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Milk, will be added
the good milk fruit**

Thank you for reading my comments.

Sincerely,

Erica Ramirez

WIC Participant

NOV 03 2006

P7467

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I will have better
choices that I can choose for my kids**

Thank you for reading my comments.

Sincerely,


WIC Participant

87468

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is nice and healthy!**

Thank you for reading my comments.

Sincerely,

Christina Rutledge

WIC Participant

NOV 03 2006

p7469

Dear Friends at US Department of
Agriculture,


I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.

What I like most about the proposed
changes is Fruit, Veggies & Soy Milk,
the Calcium

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P7470

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is ~~That~~**

That great what they are doing

Thank you for reading my comments.

Sincerely,

Ulla

WIC Participant

**Dear Friends at US Department of
Agriculture,**

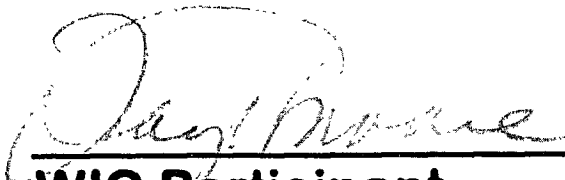
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Shop Any Store - Good
idea) Fresh Fruit & Veggies also**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7472

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** this addition is truly
encouraging families to follow a
nutritional eating plan to help raise
healthy kids and control obesity.

Thank you for reading my comments.

Sincerely,

Caterina Maria Taylor
WIC Participant

**Dear Friends at US Department of
Agriculture,**


**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Fruits & Veggies &
yogurt**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P7474

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is good change for
Kids and Moms**

Thank you for reading my comments.

Sincerely,

Patricia Sandoval

195 w Gladstone st #17 Azusa 91702

WIC Participant

P7475

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is all. However I think the amount of
milk should not be less than 3 1/2 gallons per
month.**

Thank you for reading my comments.

Sincerely,



WIC Participant

Marcia Roberts
1000 Harrington Way
West Covina CA 91792

NOV 03 2006

P7476

**Dear Friends at US Department of
Agriculture,**

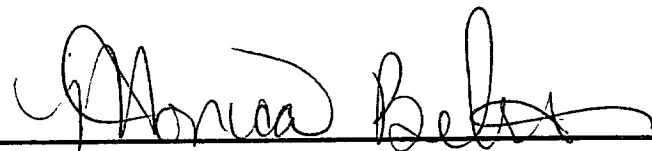
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** add fruits there very
healthy for kids and a fruit is better than
a candy for a snack

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7477

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that more children
and our children, healthier foods
and that's going to help
with their health**

Thank you for reading my comments.

Sincerely,

Olivia Ortiz

WIC Participant

NOV 03 2006

P7478

**Dear Friends at US Department of
Agriculture,**

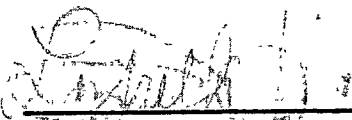
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Healthier foods & Fruits**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

it will help me provide
my family with more balance and
fullfilling meals. And will help me on
my grocery Budget which is really thin
as is,

Thank you for reading my comments.

Sincerely,

Sharma Wood

9-27-06

WIC Participant

14817 Lemoli #5
Gardone, CA
90049

NOV 03 2006

P7480

**Dear Friends at US Department of
Agriculture,**

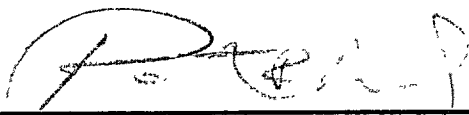
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is For my kids.**

Thank you for reading my comments.

Sincerely,



WIC Participant

14915 firmona ave
LAWNDALE CA 90246
Patricia Alegria

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is "it will help in
nutrition**

Thank you for reading my comments.

Sincerely,

Juliana Amagazbluesni
WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is some Fruit ~~vegetable~~
and bread.**

Thank you for reading my comments.

Sincerely,

Fresta Ali

WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Is that we get options.**

Fruits & veggies can be expensive
at times. We don't just have to
choose from the 99¢ stores when
money is tight.

Thank you for reading my comments.

Sincerely,


WIC Participant

12616 Cranbrook Ave #11
Hawthorne, Ca 90250
(310) 978-1338

NOV 03 2005

P7484

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is enjoying more options
for my kids.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is baby food, fruit & vegetables
for kids**

Thank you for reading my comments.

Sincerely,


WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is there's more of a
variety to choose from.**

Thank you for reading my comments.

Sincerely,

Monica Pacheco

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is MORE OPTIONS**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P7488

**Dear Friends at US Department of
Agriculture,**

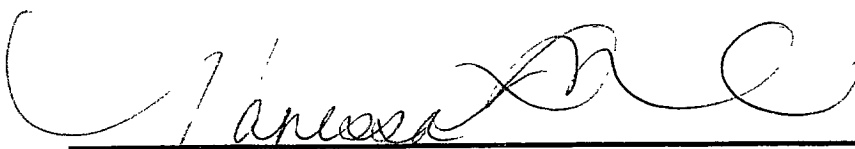
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is adding baby foods.
& fruits**

Thank you for reading my comments.

Sincerely,

A handwritten signature in cursive script, appearing to read "Janessa", written over a horizontal line.

WIC Participant

NOV 03 2006

P7489

**Dear Friends at US Department of
Agriculture,**

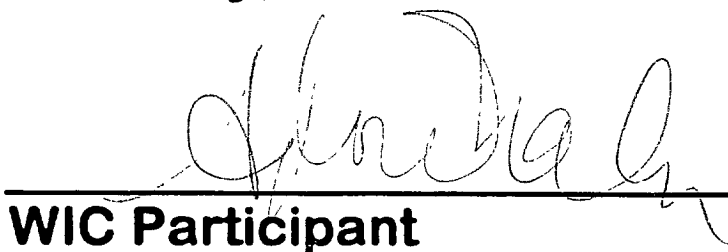
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** more variety of foods to
select

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7490

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is a lot more food**

Thank you for reading my comments.

Sincerely,

Irving Martinez

WIC Participant

Thank you very much we can
really use it

NOV 03 2006

p7491

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that I will be able to have
a better plan of choosing what to eat, and
I really love fresh fruits**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7492

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is you give more food to
to my kids.**

Thank you for reading my comments.

Sincerely,

DELIA ESTABILL

WIC Participant

NOV 6 2008

P7493

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Fruits and Vegetables and
Baby Food.**

Thank you for reading my comments.

Sincerely,

Asma Zaki Batros

WIC Participant

NOV 03 2006

p7494

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the vegetables, fruits
& bread. I could sure use these
foods.**

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** RICE & FRUIT & VEGETABLES,

BARB'S FOOD, BREAD

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Brown Rice, fruit &
Vegetables**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P74971

**Dear Friends at US Department of
Agriculture,**

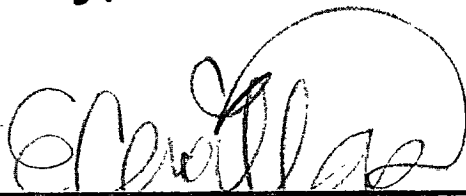
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is giving a bigger
variety**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

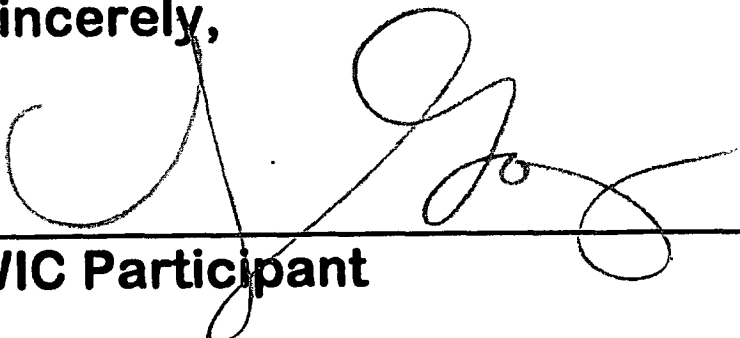
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is _____**

More Choices of food.

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** to add wheat bread / tortillas
crackers. Vegetable pastas, and yogurts,

Thank you for reading my comments.

Sincerely,

Maria Sanchez
832 S. Lake St #200
Los Angeles, CA 90057



WIC Participant

NOV 03 2008

p7500

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** *for people on limited or low income it's hard
to purchase bread + fruit because its so expensive
yet the kids need the nutrition.*

Thank you for reading my comments.

Sincerely,

David Walker

WIC Participant

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.

What I like most about the proposed
changes is Fruit, Vegetables, Fish
meat.

Thank you for reading my comments.

Sincerely,



WIC Participant

Stella Onwumere

501 E 97th St #1

Inglewood CA 90301

NOV 03 2008

p7502.

**Dear Friends at US Department of
Agriculture,**

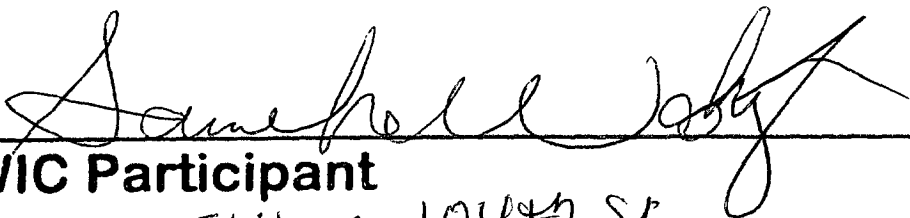
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is for better eating habits**

Thank you for reading my comments.

Sincerely,



WIC Participant

1514 W. 104th St
L.A., CA 90047

NOV 03 2008

p750.3

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** that we will get a
variety of different healthy foods.
Not only dairy foods but fruits & veggies.

Thank you for reading my comments.

Sincerely,

Vivian Arriola
WIC Participant

646 W. 109th Pl
Los Angeles, CA 90004

NOV 03 2008

P7504

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** The fruits and breads
also vegetables

Thank you for reading my comments.

Sincerely,

Cynthia Rowens
WIC Participant

NOV 03 2008

P7505

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that is give people
who really need the help,
help. Because there are lots
of us that really need to eat food**

Thank you for reading my comments.

Sincerely, 

WIC Participant

NOV 03 2008

P7506

**Dear Friends at US Department of
Agriculture,**

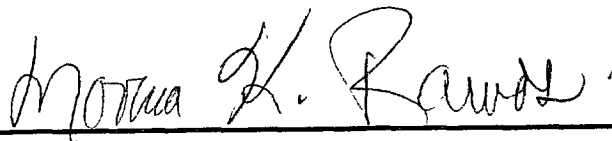
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruit, vegies, rice
meat**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7507

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that you have added fruits & veggies,
I would also consider adding something from the
5 main food groups Thank you for your concern
on our families health.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is bread, rice, and fruits,**

Thank you for reading my comments.

Sincerely,

Thirad Houny
WIC Participant

NOV 03 2006

P 7504

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Wheat bread**

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is baby foods, fruits
& vegetables.**

Thank you for reading my comments.

Sincerely,

Famida M. Sheikh

WIC Participant

FAMIDA SHAIKH

13724 CHADRON AVE #72

HAWTHORNE

CA -90250

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that the vegetables
would be a great choice to have as well
as the bread.**

Thank you for reading my comments.

Sincerely,

Doris A Martinez

WIC Participant

Doris Arroyo Martinez

NOV 03 2006

P7512

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is adding fruit Bread**

Thank you for reading my comments.

Sincerely,

Ana Rodriguez
WIC Participant

Ana Rodriguez

NOV 03 2006

P7513

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that we have
more ~~variety~~ variety**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 9 8 2006

P7514

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Soy milk**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P7515

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it will help to ease
the hardship we face.**

Thank you for reading my comments.

Sincerely,

Marly Okojie
WIC Participant

NOV 03 2006

P7516

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is less juice & added
fruits**

Thank you for reading my comments.

Sincerely,


WIC Participant

Guadalupe Lazquez

1315 W. 101st Street
L.A. CA 90044

NOV 03 2008

P7517

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

low FAT FOODS
AND VERY HEALTHY FOODS

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is as our child grows older
we can get different variety of foods
for them.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7519

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is IT OFFERS A BETTER
VARIETY OF FOODS**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2005

P7520

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** having healthy
bread, Rice and including the
bro voucher for fruits

Thank you for reading my comments.

Sincerely,

Mania Lopez
WIC Participant

NOV 03 2008

p7521

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is ~~more~~ Meat.**

Thank you for reading my comments.

Sincerely,

Rimla Rbitch
WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** that we help the poor

and the poor are more healthy
and better.

Thank you for reading my comments.

Sincerely,

[Signature]

WIC Participant

[Faint handwritten text]

[Faint handwritten text]

NOV 03 2006

P7523

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more food choices**

Thank you for reading my comments.

Sincerely,

CHOPRA

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the encouragement to eat
healthy foods.**

When I fill out the Nutrition Questionnaire I notice
how many questions there are about fast food & television
watching. They seem to encourage an unhealthy life style

Thank you for reading my comments. because the WIC
Program offers no well
balanced diet options
& no education on an
active lifestyle.

Sincerely,



WIC Participant

NOV 03 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** *I like the new
idea of the change.*

Thank you for reading my comments.

Sincerely,

Ana R. Barragan
WIC Participant

**Dear Friends at US Department of
Agriculture,**

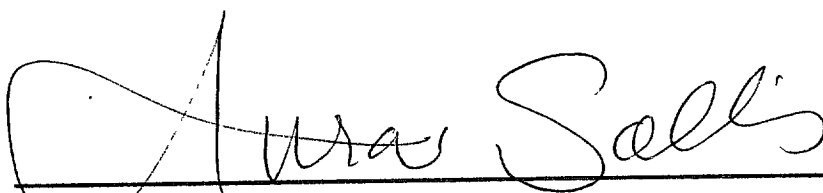
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that there is a variety of
healthy food to choose from**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is soy milk**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P1528

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the fruit and the
wheat bread.**

Thank you for reading my comments.

Sincerely,

Deserie Pinion
WIC Participant

NOV 03 2006

P7529

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** That my kids always eat
a lot of fruits and vegetables already

Thank you for reading my comments.

Sincerely,

Maria Rodriguez
WIC Participant

NOV 03 2006

P7530

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** to get fruits/vegetables,
yogurt, cottage cheese, bulgur,
wheat bread, and can food.

Thank you for reading my comments.

Sincerely, *May* 10.18.06

Khoachtryan Margarita
WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

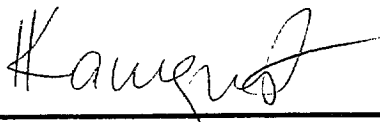
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is adding fruits and
vegetables helps to make our
meals ~~more~~ healthier and
happier :)**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P7532

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that we will have more
food provided by WIC.**

Thank you for reading my comments.

Sincerely,

Yocely HERNANDEZ
WIC Participant

NOV 03 2006

P 15 22

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

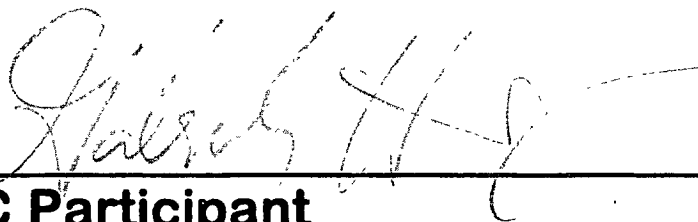
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** We will get more

foods that we need.

Thank you for reading my comments.

Sincerely,

A handwritten signature in dark ink, appearing to read "Shirley H.", is written over a horizontal line.

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

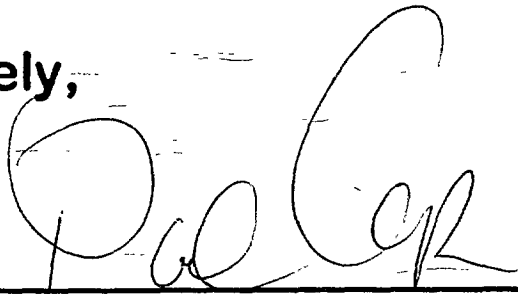
**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** Soy milk, Fresh

Fruit.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P 7535

Dear Friends at US Department of
Agriculture,

I am writing to tell you what I think about the
proposal to change WIC foods.

Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.

What I like most about the proposed
changes is MY CHILD EATS

EVERYTHING THAT IS BEING
REQUESTED.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P7536

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more to choose
from.**

Thank you for reading my comments.

Sincerely,

Luzanne Reusner
WIC Participant

NOV 03 2006

P7537

**Dear Friends at US Department of
Agriculture,**

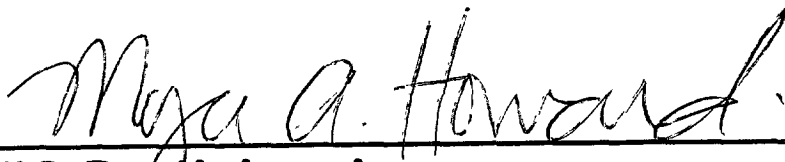
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is help keeping vital
nutrients available @ home.**

Thank you for reading my comments.

Sincerely,



WIC Participant

2176 - VanWick St.
Los Angeles, CA 90047

NOV 03 2006

P7538

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is It won't me a excuse
to avoid the expenses of buying fruits & vegetables.**

Thank you for reading my comments.

Sincerely,

Angela Mason

WIC Participant

1238 poindexter St
Los Angeles CA 90044

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** That it allows you
with more things rather foods the Baby Need.

Thank you for reading my comments.

Sincerely,

Erica Johnson 1723 W. 52nd Street.
WIC Participant Los Angeles, Ca 90062

NOV 03 2006

P 7540

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more choice of things and
it's a lot healthier. Also it helps a lot with food
in the house.**

Thank you for reading my comments.

Sincerely,

La Tierna A. Radcliff

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that it will promote
healthy eating and provide
nutrients that no other food has.**

Thank you for reading my comments.

Sincerely,

Michelle Esters

WIC Participant

NOV - 3 2006

P7542

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is THAT IT WILL HELP US
MOMAS A LOT.**

Thank you for reading my comments.

Sincerely,

CHRISTINA DIAZ
WIC Participant

P7543

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is my family will
be able to enjoy fruits and vegetable
along with all the other wonderful
things that wic provides.**

Thank you for reading my comments.

Sincerely,

Crystal Crain
WIC Participant 1139 S. Prairie Ave
Inglewood, CA, 90301
(310) 674-6388

NOV 03 2008

P7544

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that we are going
to have more options!**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7545

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is very nutritiest for
both child & mother. Variety of
Healthy Foods.**

Thank you for reading my comments.

Sincerely,

Yolanda Camillo
WIC Participant

NOV 03 2008

P 7546

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the stores, and they have
more healthier choices**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

p7547

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is I don't have to
go to the store**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7548

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** yogurt

Thank you for reading my comments.

Sincerely,

Maria Rey Calvo
WIC Participant

NOV 03 2008

p7549

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is we don't have to go to
a store to get
I love the fruits - meats - yogurt.**

Thank you for reading my comments.

Sincerely,

Denise L. Linares

WIC Participant

NOV 03 2008

P7550

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** more fruits & vegetables

Thank you for reading my comments.

Sincerely,

WIC Participant

NOV 03 2006

P7551

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** more fruits and vegetables

Thank you for reading my comments.

Sincerely,

Shirley Davis
WIC Participant

NOV 03 2006

p7552

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

*It's nice to have a ~~variety~~ ~~variety~~ Variety
of foods. Sometimes I get a ~~variety~~ ~~variety~~ Variety*

Thank you for reading my comments.

Sincerely,

Ethel R. Silva

WIC Participant

NOV 03 2006

NOV 03 2008

P7553

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that you get more variety
of healthy foods. Like rice, bread**

Thank you for reading my comments.

Sincerely,

Mary Mary
WIC Participant

P7554

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**


**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is different, different types of cheese,
different cheeses in home.**

Thank you for reading my comments.

Sincerely,

Lina De La Torre



WIC Participant

2403 College Lane
La Verne, CA 91750

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is upbeat, fruit,**

whole wheat bread

Thank you for reading my comments.

Sincerely, Ragnel Lopez
10340 Pradera Ave #1
Montclair, CA 91763

WIC Participant

NOV 03 2008

p 7556

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the fruit + vegetables vouchers
and being able to go to any store.**

**I would like to see W.I.C. offer: meat, chicken, yogurt,
bread, tortillas, etc.**

Thank you for reading my comments.

Sincerely,

Julie M. Palmer

WIC Participant

1537 Deer Crossing dr.
Diamond Bar CA 91765

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is THE CHOICE OF FOODS ARE
A LOT MORE DESIREABLE AND HEALTHY**

Thank you for reading my comments.

Sincerely,


WIC Participant

p7558

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**


**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruit vegetables bread**

Thank you for reading my comments.

Sincerely,


WIC Participant 727-5 Candeler St. 311
Los Angeles CA 90057

P7559

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** The fruits & the

vegetables that are added.

Thank you for reading my comments.

Sincerely,

Mos. Amara 2074 5-1 years old

WIC Participant

NOV 08 2006

P7560

**Dear Friends at US Department of
Agriculture,**

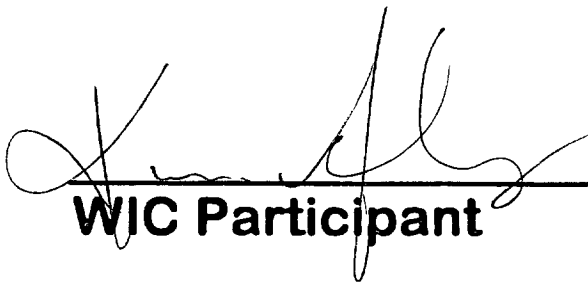
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** the added fruits, Grover
bread, rice and most important
vegetables.

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

p7561

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the different type of foods**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7562

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is whole wheat bread
and fresh-fruit.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P7563

**Dear Friends at US Department of
Agriculture,**

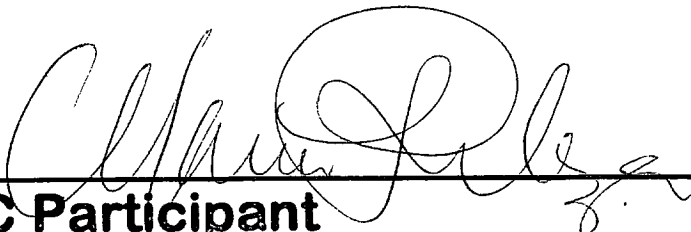
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Vegetables & fruits
Whole grain breads**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 03 2006

P7564

**Dear Friends at US Department of
Agriculture,**


**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is soy milk, tofu**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7565

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is better balanced diet available**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2008

P75666

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Food & Vegetables**

Thank you for reading my comments.

Sincerely,


WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is there will be
more variety.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7568

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** to the fruit and veggie

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**


**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is the greater variety that this
change will bring.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 18 2006

P7570

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is less cereal and more
for vegetables and fruits**

Thank you for reading my comments.

Sincerely,

Er. Ha Chino

WIC Participant

NOV 03 2008

P7571

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is bread, baby food & fruits.**

**But I think beans could & peanut butter
could be out.**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is you're bread.**

Thank you for reading my comments.

Sincerely,

Venessa Lopez
WIC Participant

NOV 03 2006

P7573

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more variety of
foods**

Thank you for reading my comments.

Sincerely,

**Yolanda Vazquez
WIC Participant**

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**


**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Variety of fruits
& the fruits.**

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

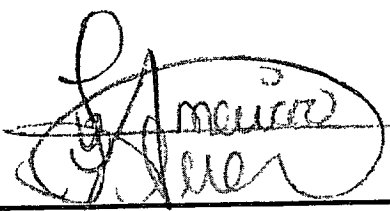
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is bread, fruits & vegetables,
rice, actually everything**

Thank you for reading my comments.

Sincerely,

America Silver 
WIC Participant

NOV 03 2008

p-15/16

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** it will help me alot.

for my children eating better

Thank you for reading my comments.

Sincerely,

Felicia V. Wallace
WIC Participant

NOV 9 3 2006

P7577

**Dear Friends at US Department of
Agriculture,**

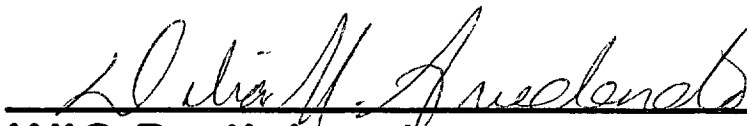
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is it will be much easier
and much healthier for my son.**

Thank you for reading my comments.

Sincerely,


WIC Participant

NOV 13 2000

**Dear Friends at US Department of
Agriculture,**

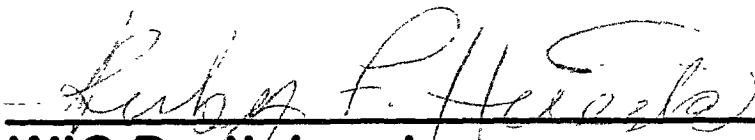
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh healthier foods for my family.**

**What I like most about the proposed
changes is That the wic checks
don't aren't going to have stores
names**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7579

**Dear Friends at US Department of
Agriculture,**

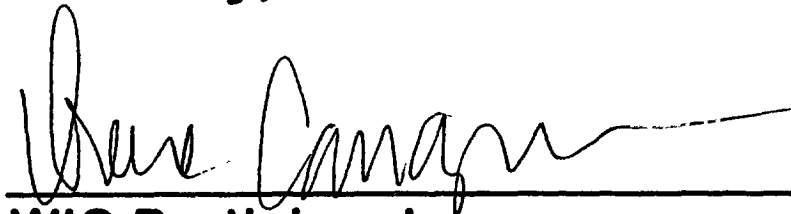
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more variety**

Thank you for reading my comments.

Sincerely,

A handwritten signature in black ink, appearing to read "Wendy Canagar", written over a horizontal line.

WIC Participant

NOV 03 2008

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is ~~that~~ I can get bread
and the formula**

Thank you for reading my comments.

Sincerely,

Christine Detrick
WIC Participant

NOV 08 2008

P7581

**Dear Friends at US Department of
Agriculture,**

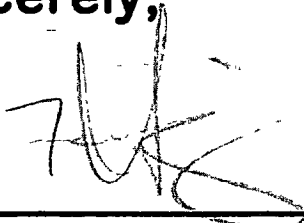
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is THEY'RE ADDING MORE WIC-
USED ITEMS SUCH AS TORTILLAS**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 02 2006

p 7582

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is healthy foods.**

*this should have been done a long time ago.
Kids would be healthy*

Thank you for reading my comments.

Sincerely,

Litina Roman

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that u can go to
any other store.**

Thank you for reading my comments.

Sincerely,

Maisha Lemus

WIC Participant

NOV 03 2006

P 7584

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Stores**

Thank you for reading my comments.

Sincerely,

**Maria M. Rodriguez
WIC Participant**

NOV 03 2006

P7585

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** we are getting the vegetables.
I think that is a great change
for the kids. More Natural Vitamins

Thank you for reading my comments.

Sincerely,

Kathleen M. Childrey
WIC Participant

NOV 03 2006

P7586

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

the ability to go to any
store & the addition of vegetables & bread

Thank you for reading my comments.

Sincerely,



WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is** I would also like to receive

coupons for poultry, chicken, fruits, vegetables,
meat, and any other healthy foods the program
thinks would be good for my children

Thank you for reading my comments.

Sincerely,

Angelica Espinoza
WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is healthier food**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

OCT. 5.06
P7589

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is Baby Food & Vegetables
NOW that My baby is 1 year he eat's MORE
Food than & just drinking Milk.**

Thank you for reading my comments.

Sincerely,

CYNTHIA CAAMAL
WIC Participant

NOV 03 2006

P7590

**Dear Friends at US Department of
Agriculture,**

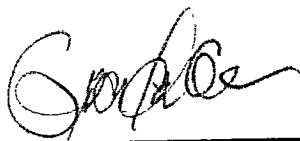
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more nutrition**

Thank you for reading my comments.

Sincerely,



WIC Participant

NOV 03 2006

P7591

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is more nutrients**

Thank you for reading my comments.

Sincerely,



WIC Participant

P1592

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is**

Make my baby
Healthy, and other to

Thank you for reading my comments.

Sincerely,

Pamella Brown

WIC Participant

310412 2916

P 7593

NOV 03 2006

**Dear Friends at US Department of
Agriculture,**

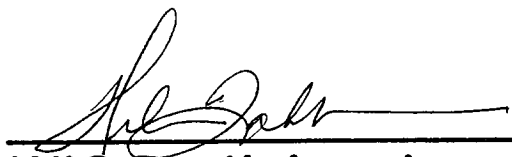
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is pink salmon and the fruit
these are the most expensive**

Thank you for reading my comments.

Sincerely,


WIC Participant

Helen Quinlan
621 E. 99th Street Troy, CT

NOV 03 2006

P 7594

**Dear Friends at US Department of
Agriculture,**


**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is -the opportunity for healthy
nutrition to low income families.**

Thank you for reading my comments.

Sincerely,

 Ada E. Oliver

WIC Participant

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is less milk gallons and add
fruits and vegetables on the monthly basis
and gerber baby foods.**

Thank you for reading my comments.

Sincerely,

Adriana Perez

WIC Participant

NOV 03 2005

p 7596

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is New foods & fruits incorp-
orated instead of just juice & milk**

Thank you for reading my comments.

Sincerely,

Asocia Chizoma.

WIC Participant

NOV 03 2006

P7597

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is fruit, tuna, bread**

Thank you for reading my comments.

Sincerely,

Kimberli Billings
WIC Participant 530 Venice Way #10
Inglewood, CA 90302

NOV 03 2008

P7598

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is because are things everyone
needs and cannot necessarily afford.**

Thank you for reading my comments.

Sincerely,

Lashawn Richards

WIC Participant

4949 W. Century Blvd. Apt #1
Inglewood Ca. 90304

NOV 03 2008

p 7599

**Dear Friends at US Department of
Agriculture,**

**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is The different
fruits & grains.**

Thank you for reading my comments.

Sincerely,

**CRENEIA Wesley
WIC Participant**

NOV 03 2008

P 7600

**Dear Friends at US Department of
Agriculture,**

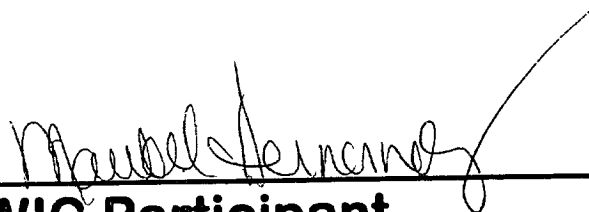
**I am writing to tell you what I think about the
proposal to change WIC foods.**

**Thank you for adding fruits and vegetables
to the WIC checks! I will enjoy choosing
fresh, healthier foods for my family.**

**What I like most about the proposed
changes is that will have more
nutritional food for my son**

Thank you for reading my comments.

Sincerely,


WIC Participant